



Good Advice from A to Z

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A collection of wisdom from the
OIC Community

With thanks to the OIC Community for its contributions of wisdom.

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About this book



[OIC Moments](#) (say “Oh, I see!”) is a place to feed your mind and fuel your imagination with unique ideas and insights on creativity, cultures, and everyday life. It’s a community of people who enjoy learning, growing, and seeing the world from different points of view.

As such, we’re also big fans of inspiring quotations, words of wisdom, and solid advice. The right piece of good advice can be even more than an aha moment, it can be a life-altering event.

That realization inspired us to ask the OIC Community to share their best advice. Though each piece of advice expressed an individual’s truth, the collective wisdom of the Community zeroed in on four essentials of life:

- Being happy
- Getting through the tough times
- Liking and investing in yourself
- Respecting others

A selection of their life-tested recommendations, literally from A to Z, have now been assembled in this book, to help you live life well. We hope you enjoy this remarkable collection of good advice, and take away an **“Oh, I see!” moment** or two for yourself.

Attitude is everything

If you can't change a situation, try changing the way you look at the situation.

—Kim Mignella

Only one thing in life is certain, no one gets out alive. So, while you are here, be kind, experience joy, and radiate light to everyone you meet.

—Tamara Lechner

Free your mind, cherish every moment, live, and enjoy your life.

—M. Bucarelli

Be happy



My dad always told me, "Just BE HAPPY." Don't whine and complain about things you can't change. Don't dwell on a bad situation. Just SMILE and you will instantly feel better. And when you feel good, good things will come to you. Just get over it and BE HAPPY!

—Carl L. Smith, Jr

Happiness is not having what you want; it's wanting what you have. I don't remember where I saw it, but I try to remember that, and tell my children the same. Be grateful for what you have.

—Lisa Carr

Call on your strength

Choose your battles wisely!

—Darlene Wright

The wise person never loses his/her temper.

—Susan Stickney

Speak up for yourself. No one else has your voice.

—C. Justin

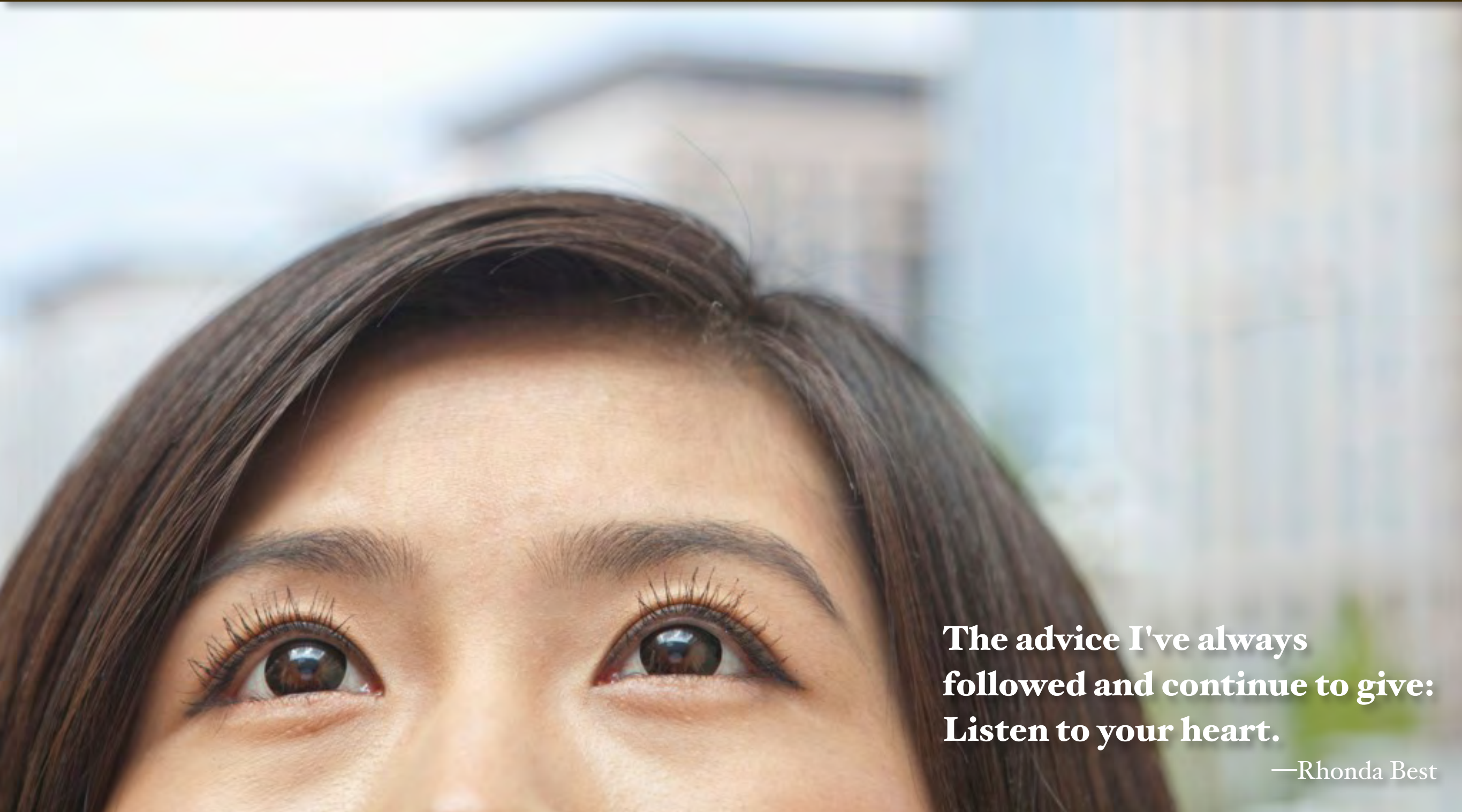
When you can improve on the silence or silence the noise, speak out.

—Louise D.

Wise man knows when to keep mouth shut.

—Brian S. Byrum


Dare to dream

A close-up photograph of a woman's face, focusing on her eyes. She has dark, long hair and is looking upwards and slightly to the right with a hopeful and thoughtful expression. The background is a blurred outdoor setting with a building and a sky.

**The advice I've always followed and continue to give:
Listen to your heart.**

—Rhonda Best

Enjoy every moment

A photograph of a man, a woman, and a child running through a park. The man is on the left, wearing a dark jacket and light blue jeans. The woman is on the right, wearing a white vest over a grey sweater and dark pants. The child is in the center, wearing a light blue jacket and a green beanie. They are all smiling and appear to be enjoying their run.

Make the most of every day, and tell your friends and family you love them!

—Rachel Travis

Live every moment like it is your last because we are not guaranteed the next one.

—Trish Clapper

Life is way too short to sweat the small stuff, so don't!

—Dana Cerrito

Don't live for tomorrow. Don't live for yesterday. Live for today.

—Sarah Hirsch

Feed your mind

Read OIC Moments. ;)

—Jo Rein



Get through tough times

**Smooth seas do not
make good sailors.**

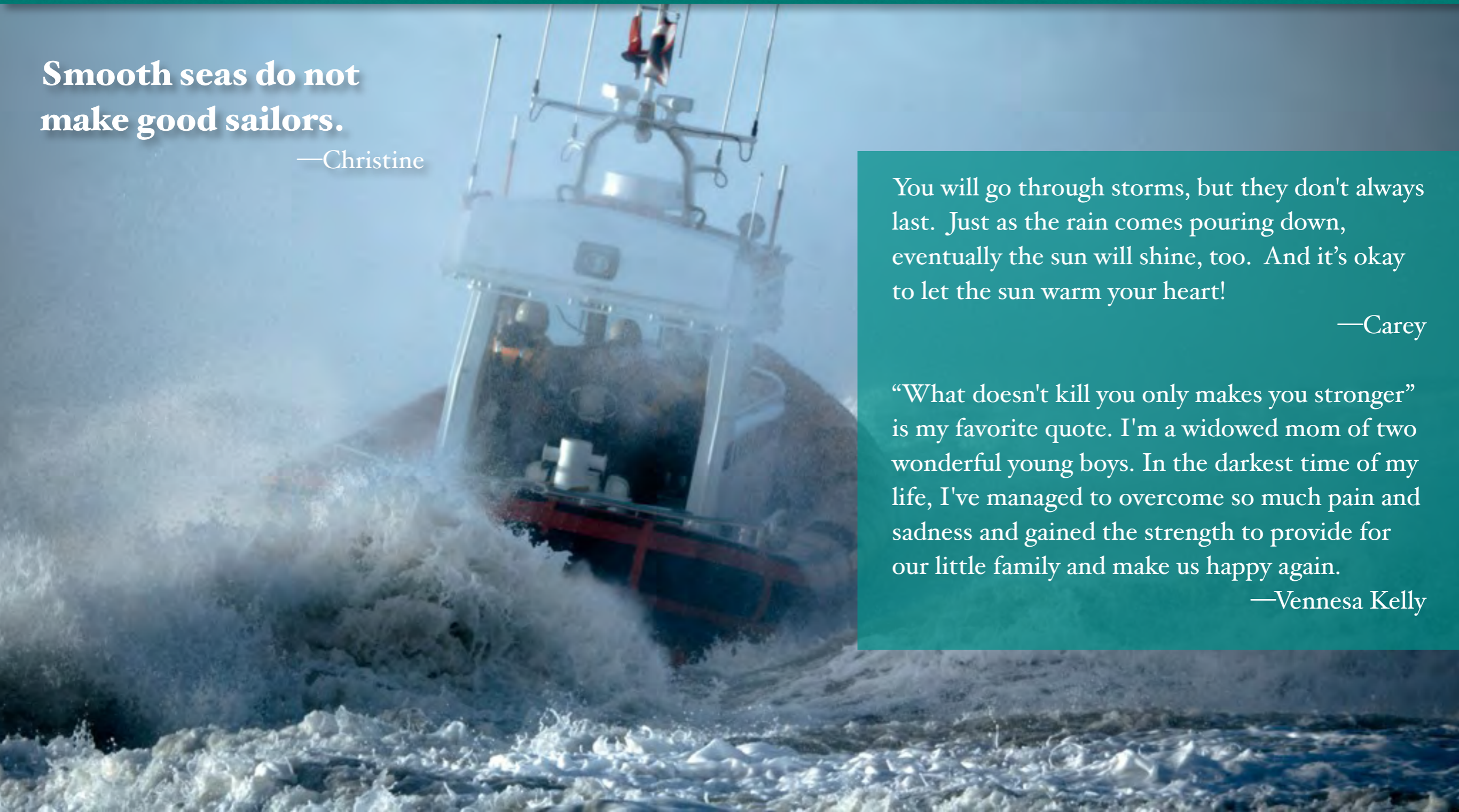
—Christine

You will go through storms, but they don't always last. Just as the rain comes pouring down, eventually the sun will shine, too. And it's okay to let the sun warm your heart!

—Carey

“What doesn't kill you only makes you stronger” is my favorite quote. I'm a widowed mom of two wonderful young boys. In the darkest time of my life, I've managed to overcome so much pain and sadness and gained the strength to provide for our little family and make us happy again.

—Venessa Kelly



Have no regrets

Live with no regrets.

—Tammy Rogerson Lechner

Have no regrets! And you can do anything you set your mind to!

—Christie

Be thoughtful. Take your time and breathe. Live with no regrets, but listen to your gut. If you feel it's a bad decision, it probably is.

—Aaron Reck



Invest in yourself

Stay in school and get a good education.

—Martha Cruz

My dad used to say, "Get yourself an education. You can't lose it, and nobody can take it away from you."

—Barbara Mayes



Just Smile

Turn a frown upside down. :)
—Stephanie Owens

Smile in the mirror each morning, and you will
always have a good day.

—Rich

Be happy in whatever you do. Nothing else will
matter if you aren't happy.

—Angel Buffalino

Keep trying

Have a goal and go for it! Don't give up.
I learned this as a child, but I'm not
sure where.

—Donna K.

Make mistakes. Make them often. But don't ever
make the mistake of not trying.

—Anne

Always learn from your mistakes.

—Katherine Briggs

—Michael Harris



Learn to let go

An oldie but goodie: If the person you love wants to go, let go. If the person comes back, that's how you'll know it's real.

—Lacey Burd

Sometimes having to do without makes you find a creative way to replace what you don't have.

—Karo



Make good decisions



Make sure the person you marry is also your best friend—a lesson I learned too late in life from a friend, but now teach my nieces and nephews.

—Shawn E.

Save some of that "making everyone else" happy time to make yourself happy.

—Justine Gooding


A successful entrepreneur told me, "Choose your thoughts wisely, as they create your life."

—Alexis T.

**Don't settle—
in life or love.**

—Jamie Herda

Never ignore karma



My mom would always say the bad things you do in life will come back to haunt you (karma).

—Hilda Torres

My mom always said, “What goes around comes around.”

—Lisa Mazola

Own your actions




It's not just about what you say; your actions need to clearly speak to who you are and what you stand for.

—Monica Young

Push the limits

From a church retreat, I'll never forget this advice, "Do what you don't want to do to be what you want to be." It motivated me to be determined and try to have some self-discipline.

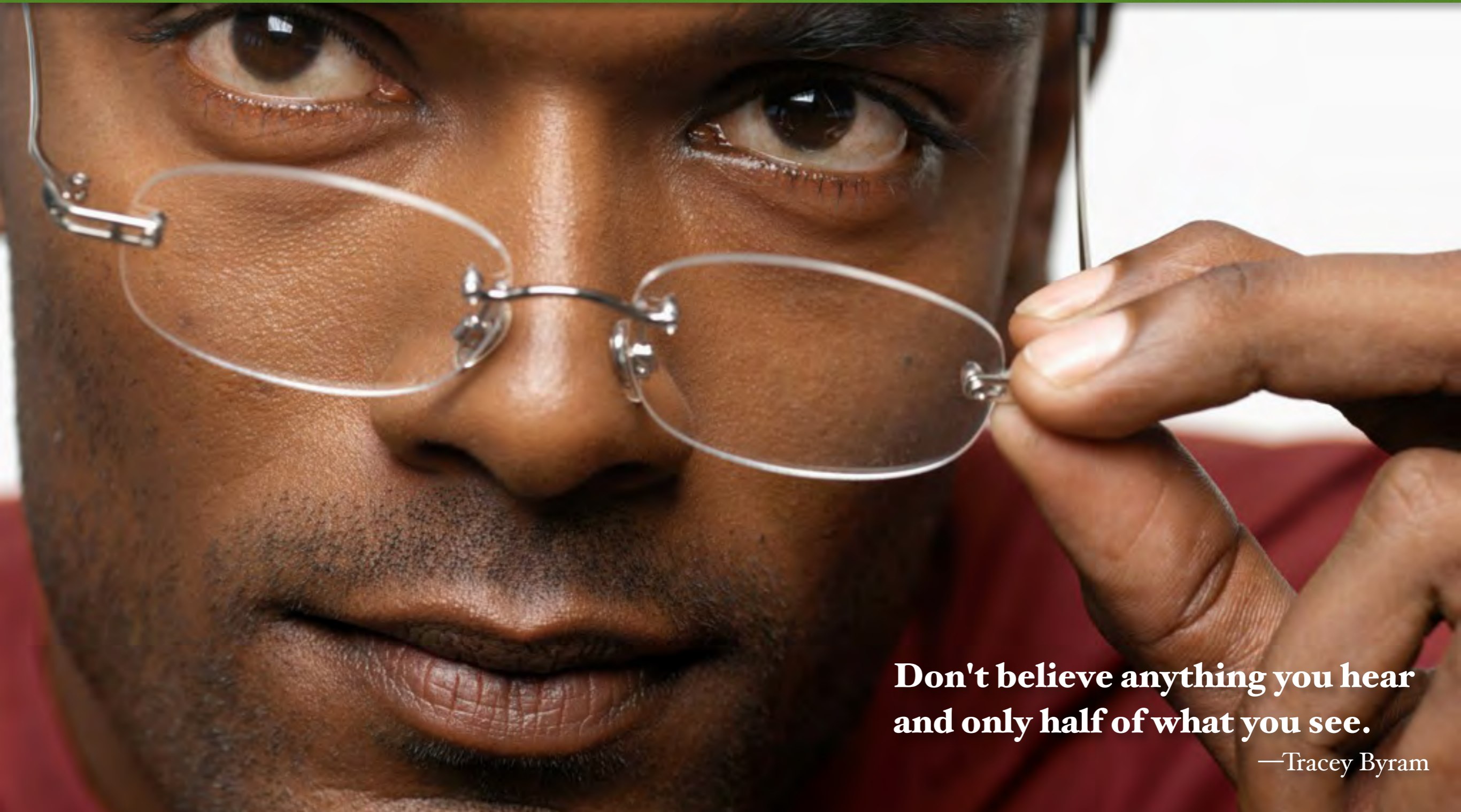
—Susan Kennedy



By attempting something really difficult and outside of your comfort zone, you will discover how strong you really are.

—Serena Adkins

Question things



**Don't believe anything you hear
and only half of what you see.**

—Tracey Byram

Roll with the punches

**Don't sweat the small stuff,
and most of it's small.**

— Deborah Craghill

Just roll with it (like the Steve Winwood song says) cuz it's simple.

—Addrienne Mertens

Take a deep breath; it will all be alright!

— Jamie Martin

Don't sweat the small stuff! Live one day at a time!

— Jackie McMillan



Stay true to yourself

Don't live your life by someone's expectations. Live your life for yourself.

—Bridget Merker

When I was 15, I was “in love” with a neighborhood boy. But he told all his friends that he only liked blondes, and I have always had jet-black hair. I begged my Mom to let me dye my hair so he would like me. She talked to me for hours, and told me, “Never let someone else determine who you are, or one day you may be stuck not liking, or even knowing, yourself.” Well, that bit of advice has stuck with me throughout my life, and I have always been true to myself, and that developed into great self-confidence and self-esteem. Thanks, Mom!

—Lisa A. Fury

One of the many good pieces of advice I got from my mom and have passed on to my daughters is: To thine own self be true.

—Michelle L.



Treat others with respect



Treat others how you want to be treated.

— Melanie

Treat others as you would have them treat you.

— Lori Clark

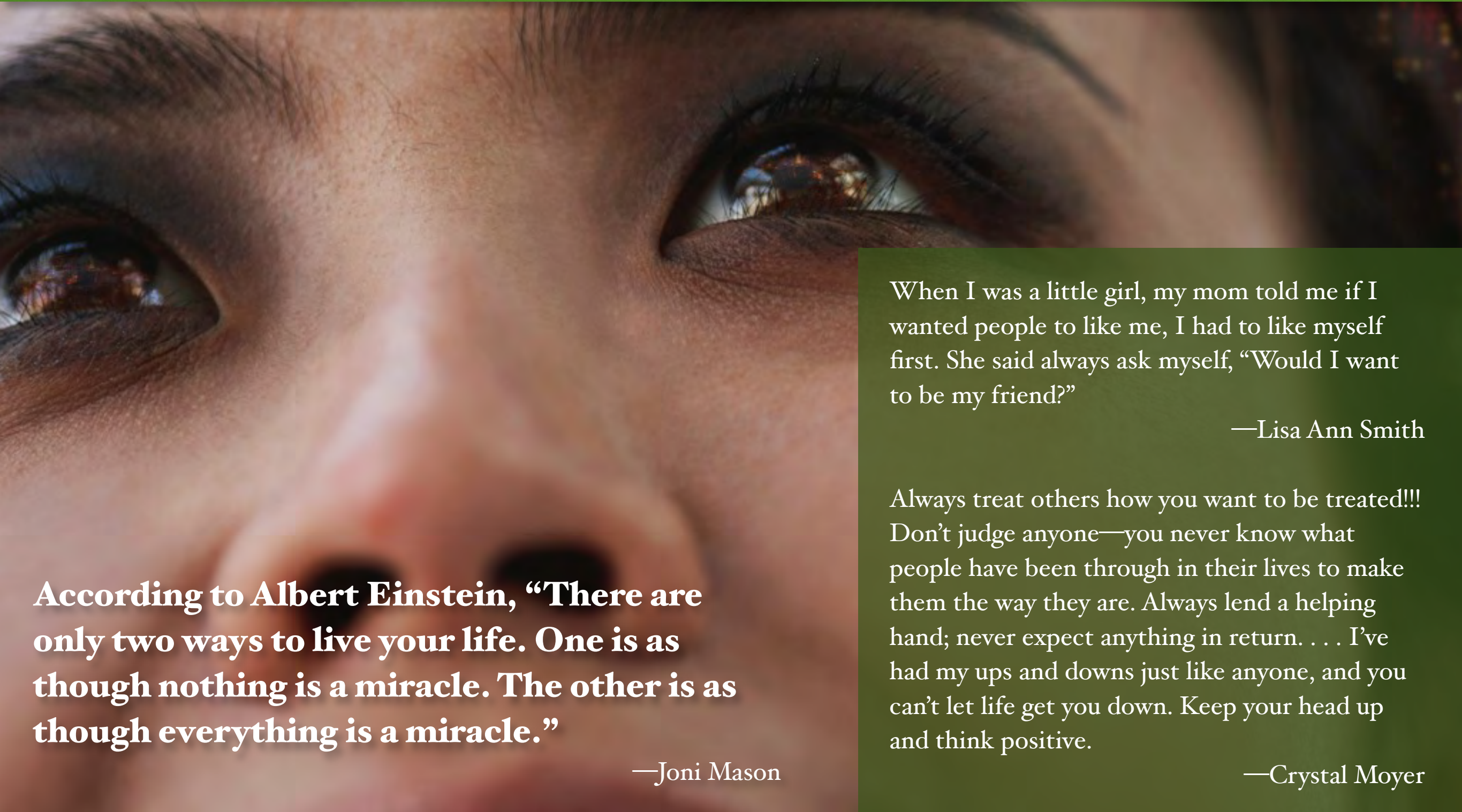
You must remember we are all just humans, we all make mistakes, we are not here to judge. Live your life, and treat people as you wish to be treated!

—Cipriana

My best advice is, “Treat people the way you want to be treated.”

—Melissa Sparks

Understand what's important



According to Albert Einstein, “There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.”

—Joni Mason

When I was a little girl, my mom told me if I wanted people to like me, I had to like myself first. She said always ask myself, “Would I want to be my friend?”

—Lisa Ann Smith

Always treat others how you want to be treated!!! Don't judge anyone—you never know what people have been through in their lives to make them the way they are. Always lend a helping hand; never expect anything in return. . . . I've had my ups and downs just like anyone, and you can't let life get you down. Keep your head up and think positive.

—Crystal Moyer

Value relationships

**Be kind to
everyone.**

—Bill Digiglio

My mom always said to make it a point to pay someone a compliment each day. It will make the person's day much brighter!

—Valerie Kuehn

Love thy neighbor as thyself.

—Amy D.

Be humble.

—Leland Lee



Work out your differences

A photograph of a middle-aged couple smiling and embracing outdoors. The woman is in the foreground, wearing a blue denim shirt, and the man is behind her, also smiling. They are in a garden or yard with a house and plants in the background.

**Someone told us on our wedding night,
“Never let the sun rise on an argument.”
We never have, and we think that is key to
our 20-year marriage!**

—Jenniffer Eads

Best marriage advice ever: Never go to bed angry! Been married 16 years and counting . . . have never done it once, work things out, tell each other “I love you,” be happy.

—Rhiannon Rowland

Several rules of life: #1—Do unto others as you would have others do unto you. If you follow that rule you won't need rule #22—Don't let the sun go down on your anger.

—Diana Smith Hill

X out bad habits

This advice came from a close friend: Don't live your life making comparisons of your life to the others around you.

—Kaitlyn Dooris

My mom always said if you tell the truth you never have to remember anything.

—Jennifer Royal

Live and let live. . . . If you need to judge someone, then judge yourself.

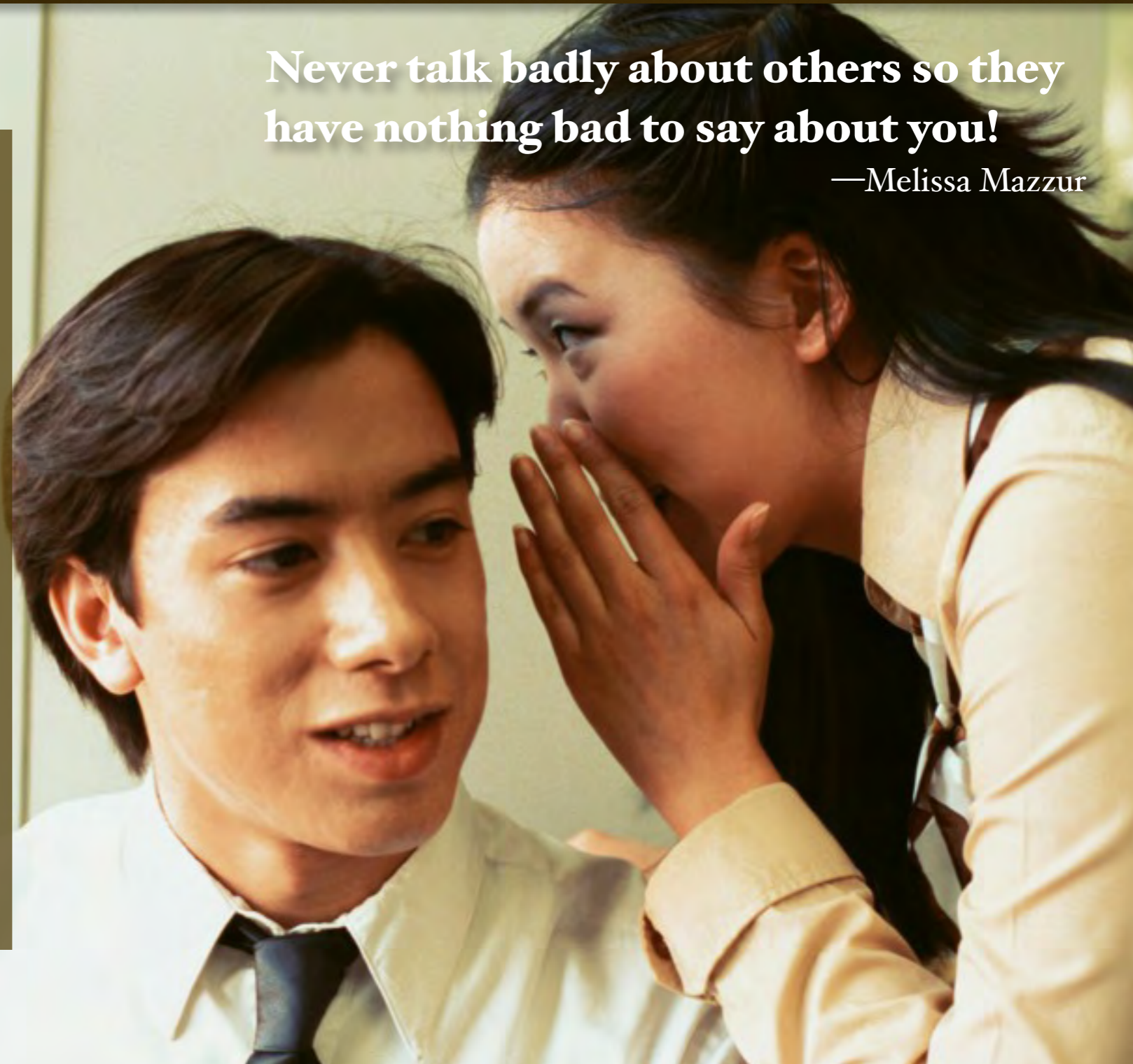
—Trish Clapper

When you stop expecting people and situations to be perfect, you can start to appreciate them for whom and what they are.

—Susan Stickney

Never talk badly about others so they have nothing bad to say about you!

—Melissa Mazzur



You have it in you

Be you because you do it best.

—Jessica Kidd

My best advice for anyone is to be yourself, always—the only person you have to answer to is yourself, and nobody can take that away from you. You then can be your best critic, and you alone can rectify your own mistakes. Being just YOU is simply original and unique.

—Anitha Kuppuswamy

My teacher said, “Be yourself—you will win the world.”

—Anuja Jayaraj

You've got to be yourself, or you're nobody.

—Sherry Cowan

Zoom ahead

**The best revenge is
to live well.**

—Shaunie

If you are trying to walk forward but keep
looking backward, yer gonna trip.

—Denise Anderson

Try to look on the bright side, find a silver lining!

—Mary VanTil

As Lewis Grizzard said, “If you ain't the lead dog,
the view never changes.”

—Kimberly Snyder

Don't miss a moment



OIC Moments is a place to feed your mind
and fuel your imagination.

Oh, I see!



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